



Retaining the best NQTs in our profession and in your school

The Resilience Project was written, in conjunction with Kingston University, to support, nurture and guide NQTs through their first year of teaching in order to retain them in our schools.

The course covers ways of . . .

- Discovering that confidence ebbs and flows over time.
- Understanding the impact of stress on confidence levels and how to combat its effects before they happen.
- Reflecting on how to react positively to challenges that come up.
- Developing support networks both in and out of school.
- Uncovering the individual's motivations and how to make colleagues aware of these.

To book choose from these three options:

- 1) £180 to include three 75 minute sessions, one per term.
- 2) £120 to add a second NQT from the same school.
- 3) £250-£300 for INSET/Staff meeting training for all staff (Price depending on size of school and length of training).

Contact: theresilienceproject2017@outlook.com for more details and to book.